

*Soul Moves*

Paths to Creative Change

Presents

# Visioning Your Dreams into Being

Through

Art

Journaling

Vision Board

Creative Movement

Transpersonal Practices

## Identify Your Goals and Dreams

For

Health

Profession

Relationships

Personal Growth

Spiritual Well-being

Utilize the power of images, words, stories, & movement along with other forms of transformational practices. Identify and release limiting blocks. Experience the power of clarity and choice!

Led by

**Jacqueline Parsons**-movement-based transpersonal practitioner

**Nancy Margulies**-artist, author, facilitator

**Friday, January 11, 7-9:00pm—Free Introductory**

**Saturday, January 12, 10am-5pm \$90 prepaid/ \$120 at the door**

Classes held in Moss Beach, California (near Half Moon Bay)

Registration (650)743-0343- e-mail [dance@ soulmoves.net](mailto:dance@soulmoves.net) or [www.soulmoves.net](http://www.soulmoves.net)

10 % of *Soul Moves* classes go to Grace USA, a 501c3 dedicated to healing the effects of AIDS in Africa. [www.graceusa.org](http://www.graceusa.org)