

# Sacred Travel to Ecuador

**May 22-June 3, 2008**

*~A 13 day spiritual journey of mind, body, and soul~*

Experience Cultural Immersion in the cities of Quito, Baños, Puyo & Otavalo

**Discover**-Majestic Mountains, hot mineral springs, breathtaking waterfalls, an active volcano, natural baths & luscious rainforest

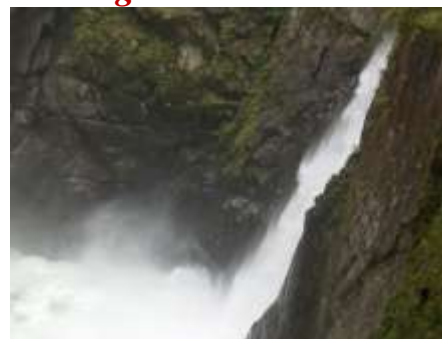
**Explore**-Enchanting pueblos, local indigenous arts & crafts markets, *La Mitad del Mundo* (the middle of the earth), & pre-Incan ruins

**Experience**-Shamanic encounters & traditional practices with local indigenous healers

**Optional Extras**-rafting, cycling, horseback riding, Spanish lessons, Nutritional and Herbal consultations, private Yoga lessons

***Soul Moves®*** Classes Included-Salsa dance & Hatha Yoga

*Join us in reweaving the dream & Shamanic prophecy of the Eagle and the Condor*



**Jacqueline Parsons**- *Soul Moves* founder- is a movement-based transformational practitioner. She travels extensively internationally and leads classes, workshops, retreats & sacred journeys in California, Hawaii, **Ecuador** & Peru.

**Jessica Ruby Hernandez**-Certified Yoga & *Yoga Meets Dance™* Instructor, Nutritional Counselor, Master Herbalist, & Spanish Interpreter

For more information call 650-743-0343 or e-mail [dance@soulmoves.net](mailto:dance@soulmoves.net) [www.soulmoves.net](http://www.soulmoves.net)